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Creative Writing

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A Busy Bee-ing

5:30 am, I wake up and do my morning routine. 6:30 am, I leave the house. 6:40 am, I arrive at school and go to my locker. 7:00 am, my first class starts. 7:55 – 8:00 am, I rush to my next class. And this goes by the hour, on the hour every hour, until 1:55pm. At this time I run back and forth to my locker, a table in the lounge, and my gym locker until I have all my homework, and necessary items. I sit for awhile until about 2:45 pm, when my mom comes and picks me up, and takes me home where I check my computer really quick and do homework from about 3:15 – 7:30 pm. Of course taking a break to eat dinner really quick. Then shower, set everything up again for tomorrow, and go to bed at 9:00. And then do this all over again. Not to mention if I work that day from 2:45 – 6:30 pm, I scarf down a late lunch, hurry over, change on the way, and do homework till about 9:00 instead and go to bed at about 10:30 on those days. Sounds fun right? Well I’d have to disappoint you and say it’s not. But why do I do it then if it makes me so miserable? Well good question, I ask myself that every single day. But it all comes back to society, with the benefits and disatvantages of being busy.

Society. The simple word that basically conrols most of our lives, and for some people all of their life. But why? Why do we torture ourselves and keep busy all the time? Partly because we have no other option, but also because without it our lives wouldn’t have structure. Society forces us to be busy, because being busy means you’ll be successful. I can’t say that’s true for most people but it really does help. And it isn’t always a good or a bad thing.

The cons of being busy: it is stressful, it makes things frustrating, it limits you to certain activites, and it interferes with other parts or sections in your life. I am not ashamed to say that being too busy has made me cry, and have nervous breakdowns.

The pros of being busy: it helps you get more accomplished, you don’t have time to think about the negative things, times flies, and it helps you have a structure and path in your life for the future. Every little bit helps. I know when I’m at work and we are very busy I don’t feel the time drag on, I am forced to be more organized which helps me at the end of the work day, and I feel that I get much more accomplished. Unlike the days where I sit almost all day and do nothing, I feel like it was pointless to be there and I get frustrated. But this is very debateable because everyone has a different attitude and sees things differently.

I appreciate the things given to me, and I understand why these pains and joys happen simulteneously. I believe there is no good without bad, and busyness is a key example that. You and/or I may not always see these benefits, but they are here. And keeping this in mind has made life a little bit easier for me. I can’t say my feelings of wanting to rip people in two when I get frustrated with this had gone away. No anything but that! But it helps for me to get things together enough that I can accomplish my goals.

Busyness is very much a self oriented subject, but it is a factor in most people’s lives. Anyway you choose to deal with it, accept it, deny it, whatever works for you; it makes a difference in the society you live in.